

20
24

WALKING GROUP



We are a walking group consisting of people of all different ages who come together to share a love of hiking in the great outdoors. We are based at St George's Church but we welcome members from the wider community across Leeds.

We walk on the 3rd Saturday in each month. Usually we walk in the Yorkshire Dales or Wolds and our starting point will be around an hour's drive from Leeds - although in the summer months we might go a little further afield.

We'll tell you the walk distance and roughly how long we expect the walk to take in the details we publish. Usually we'll start walking at 10am

and walk between ten and thirteen miles (depending on the time of year). Whatever else we guarantee we'll be walking through some of the best countryside in Britain!

We have put together a kit list to help you pack for our walks but most importantly we ask you to bring walking boots with good tread and ankle support, food & water and some waterproofs for the British weather!

We also try to link people for travel arrangements where possible - we just ask passengers to make a small contribution towards the cost of fuel.

HOW DO I GET INVOLVED?



Lindsey Pallant



Alison Oldfield

If you would like to join in a walk please use the details below to contact either of us and we will be in touch to tell you more. We look forward to hearing from you soon!

Emails us: walking@stgs.org.uk

Disclaimer: St George's walking group is an informal group of individuals who come together for the purpose of walking. We plan the routes carefully, with safety in mind, but participants of the group walk with us at their own risk and must take responsibility for their own safety.

WHAT WILL I NEED?

The Essentials

Walking Boots & Socks	
Waterproof Coat	
Waterproof Trousers and/ or Gaiters	
Rucksack +/- liner	
Packed Lunch & Sit Mat	
Personal First Aid Kit Plasters, Paracetamol	
Water Bottle At Least 1 Litre	
Cash	
Mobile Phone	
Emergency Rations e.g. nuts/ raisins/chocolate etc.	

Optional Items

Flask & Hot Drink	
Head Torch	
Map and Map Case	
Whistle	
Walking Poles	

Harrogate /Knaresborough

Sat 20th January

Lead: Alison Oldfield &
Lindsey Pallant

Leeds Country Way linear Thornbury to Golden Acre

Sat 17th February

Lead: Alison Oldfield &
Joanna Mingham

Sutton Bank

Sat 16th March

Lead: Wendy
Lancaster

Roseberry Topping

Sat 20th April

Lead: Mark Pallant

Addingham & Bolton Abbey

Sat 18th May

Lead: Enid Feather

Grassington

Sat 15th June

Lead: Graeme
Collins



Calderdale

Sat 20th July

Lead: Pauline &
Phil Lancaster

Settle

Sat 17th August

Lead: Steve & Karen
Giles

Walking Weekend - Castleton

21st-22nd September

Lead: Lindsey Pallant
& Alison Oldfield

Embsay

Sat 19th October

Lead: Jane &
Jamie Woodhead

Otley Chevin

Sat 16th November

Lead: Rachel Webb

Christmas walk at Nostell Priory

Sat 21st December

Lead: Fiona McGill